

University of Louisville School of Medicine Division of Plastic Surgery

SUMMER 2018 NEWSLETTER

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July 2018

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Division of Plastic Surgery

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Graduation 2018



Drs. Davis, Kasdan, and Lee

This year's graduation celebrated several notable accomplishments. First and foremost, we are very proud of our graduating fellows! **Jared Davis, M.D.** and **Thomas Lee, M.D.** both completed General and Plastic Surgery residencies here at the University of Louisville, making them Cardinals for eight years now. **Dr. Davis** is heading back home to Jackson, MS, to join the University of Mississippi Medical Center in an academic career. **Dr. Lee** will be returning home to Las Vegas, NV, to start a private practice. Together, they inspired our annual theme of "Going the Extra Mile" since both have also completed Master's degrees at the same time as their fellowships! Jared and Thomas — we are very proud of everything you have accomplished and we all wish you the very best in your next steps. Thank you for eight great years!

Graduation is also our time to recognize the accomplishments of faculty and residents in research, clinic, and in one very special case, a lifetime of lifting those around him ever higher. **Dr. Morton Kasdan** was honored with a very special **Best Practice Teaching Award** for his tireless work teaching students at all levels, throughout his career. It represented a very small token of how much appreciation we feel. Thank you for everything! Other faculty were recognized for their accomplishments as well—**Dr. Terry McCurry** won the **Academic Faculty Achievement** award and **Dr. Gerald O'Daniel** won the **Clinical Faculty Achievement Award**. We could not accomplish our goals without you!

Among the residents, **Dr. Davis** was honored for his impressive In-Service Exam score with the **Janet Wilhelmi Academic Achievement Award**; **Dr. Lee** took the **Research Award**; **Dr. Kachare** received the **Teaching/Mentoring Award**; and **Dr. Muresan** was recognized for his skills with the **Clinical Excellence Award**. Congratulations, all!

VISITING PROFESSOR PROGRAM

Every year, the Division of Plastic Surgery at the University of Louisville hosts several visiting professors to enrich the education we provide. If you missed these two amazing opportunities please contact us as plasticsurgery@louisville.edu to be added to our announcement lists!



L to R: Drs. Choo, Williams, Muresan, Lee, Wilhelmi, Sherman, Engineer, Davis, Kachare, McCurry

In August 2017, the American Society of Reconstructive Microsurgery selected UofL to host Visiting Professor **Dr. Randy Sherman**. Dr. Sherman is the Vice-Chair of Department of Surgery at Cedars-Sinai Medical Center in California as well as a Clinical Professor of Surgery, Orthopaedics and Neurological Surgery at the University of Southern California. He is the inaugural holder of the Audrey Skirball Kenis Endowed Chair in Plastic Surgery at the Keck School of Medicine in the University of Southern California.

To start, Dr. Sherman moderated a Journal Club Meeting, where our fellows reviewed and discussed articles related to the topic of *“Soft Tissue Reconstruction of the Upper Extremities.”*

On Friday morning he gave presentations on *“Composite Reconstruction of the Upper Extremities,”* *“Don’t Forget Grandpa (Reflections on Incredibly Versatile Centenarian Latissimus Dorsi Flap),”* and *“Saving Legs (A 30-Year Review).”*

And if all of that was not impressive enough, on Friday afternoon Dr. Sherman was the Keynote Speaker at the 2017 KSPS Meeting. He gave another enthusiastic presentation entitled, *“Flying American Medical Airlines—Should Healthcare Look Like Air Travel?”*

We appreciated Dr. Sherman coming to share his diverse expertise with us, and we were tremendously excited that he offered us so many opportunities to learn!



Drs. Davis, Kachare, Wilhelmi, Shermak, Engineer and Hiller

Dr. Michele Shermak from Johns Hopkins was the ASAPS sponsored Visiting Professor this year, joining us for April 10th and 11th. First Dr. Shermak moderated a meeting of the Journal Club, where plastic surgeons from the university and private practice met at Volare to discuss article presentations from the fellows. On Wednesday, Dr. Shermak was gracious enough to present lectures on *Brachioplasty*, *Thigh Lift* and *Plastic Surgery for Weight-Loss Patients* before sharing expertise in the Acland fresh tissue lab with our fellows. She guided them through breast and body contouring skills from her landmark surgical atlas. We were amazingly lucky to have such a talented surgeon joining us to share her knowledge and skills. Big thanks to Dr. Shermak, and we hope you can join us again soon!

Upcoming Visiting Professors

August 23rd, 2018
 Dr. Maurice Nahabedian

August 23rd and 24th, 2018
 Dr. Kiya Movassaghi (ASAPS VP)

October 2018
 Dr. Lawrence Gottlieb (ASMS VP)

February 2019
 Dr Bruce Mast (PSEF VP)

August 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Our Academic Faculty

Bradon J. Wilhelmi, M.D.

*Leonard J. Weiner Endowed Professor
Chief of Plastic Surgery
Director of Plastic Surgery Residency Program
Director of Microsurgery Laboratory*

Joshua H. Choo, M.D.

*Assistant Professor of Surgery
Director of Complex Wound &
Lower Extremity Reconstruction*

Morton L. Kasdan, M.D.

*Clinical Professor of Surgery
Director of Plastic Surgery at VAMC*

Jarrold A. Little, M.D.

*Assistant Professor of Surgery
Director of Head & Neck Reconstruction*

Terry M. McCurry, M.D.

*Assistant Professor of Surgery
Director of Bariatric Cosmetic Surgery*

Gordon R. Tobin, M.D.

*Professor of Surgery
Director of Thoracic/Pelvic Reconstruction*

2018-2019 Residents

Chief Residents

Claude Muresan, M.D.
Nitin J. Engineer, M.D.

Second Year

Swapnil D. Kachare, M.D.

First Year

Michael Ablavsky, M.D.
Adam O'Toole, M.D.
Jessica Vavra, M.D.

PLEASE WELCOME OUR NEW PLASTIC SURGERY FELLOWS!



Dr. Ablavsky



Dr. O'Toole



Dr. Vavra

Please help us welcome **Dr. Michael Ablavsky, Dr. Adam O'Toole, and Dr. Jessica Vavra.** They started on July 1, 2018 and we are thrilled with their energy and eagerness to join the Division.

Michael completed his General Surgery residency at SUNY Downstate Medical Center in Brooklyn, New York, where he also attended medical school. Adam completed his General Surgery residency at Dartmouth-Hitchcock Medical Center in Lebanon, New Hampshire, after completing medical school at Creighton University. Jessica completed General Surgery residency at St. John Hospital & Medical Center in Detroit, Michigan. She received her medical degree at Wayne State University.

Welcome to the family Michael, Adam, and Jessica!

APPLICANT INTERVIEW DAYS



Dr. Keyes

Our applicant season this spring was very successful, and we matched two exceptional candidates.

Dr. Michael Keyes is currently in Myrtle Beach, South Carolina finishing his General Surgery residency at Grand Strand Medical Center.



Dr. Corey

Dr. Samuel Corey is now in Savannah, Georgia completing his General Surgery residency at Memorial Health University Medical Center-Mercer University.

They will be joining us in July 2019, so look for more details in that newsletter!

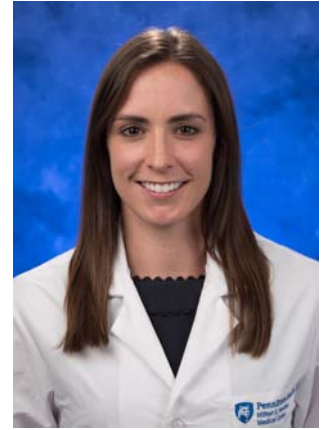


Fantastic Odds!

Two out of two U of L Medical School students who entered the highly competitive integrative plastic surgery program match successfully matched into excellent residencies. Betting on our students is a sure thing.

Josh Henderson will be completing his residency at WVU.

Andrea Hiller will be completing her residency at Penn State Health.



Fond farewells to Sharlene...

Our much beloved residency coordinator, **Sharlene Dillander**, has recently taken a promotion to become coordinator for Dr. Richardson and the Department of Surgery promotions and tenure program. We want to express a sincere appreciation to Sharlene for her 10 years of excellent service to the division of Plastic Surgery and UofL. Over the last decade Sharlene has been an integral component of the development and advancement of the academic program. She has done so much for our team - graduates and faculty. We will miss her dedication to the division, but are also thankful she is just a couple of desks down the hall!

...and welcome to our new team members!

Sharlene was so amazing as a coordinator it took two people to replace her!

First, in early January, we welcomed **Helen Anderkin** as our new Plastic Surgery Research Coordinator. Helen will be spearheading our clinical research program and coordinating all research related activities. She has already organized two successful Journal Club meetings and an amazing visiting professor. She has also completed IRB and journal article submissions and her organizational skills have helped us finally get all of our research efforts tracked in one database and on a schedule. We are so grateful!

Then in late January we welcomed our new Residency Coordinator, **Andrea Sinclair**. Andrea will be responsible for coordinating our residency program, including scheduling, onboarding, the match process and accreditation compliance. She has already completed several projects for the GME office and the ACGME. She organized very successful interview days for this year's match, mock oral exams, and a lovely graduation. She has adapted quickly to a demanding role and become a strength of our program. Welcome!

Academic Office

Helen Anderkin

Research Coordinator

helen.anderkin@louisville.edu

Andrea Sinclair

Program Coordinator

andrea.sinclair@louisville.edu

Private Patient Office

UofL Physicians

401 East Chestnut Street, Suite 790

Louisville, KY 40202

502-588-8303 phone

ENDOWMENTS

We continue to raise funds for the **Janet Wilhelmi Academic Achievement Award**, with a target of \$10,000. Once we reach our goal the investment yields from the account would provide a prize to go along with the award, which is presented to the Plastic Surgery Fellow that achieves the highest score on the In-Service Examination each year. Your tax-deductible donation would help support **Janet Wilhelmi's** commitment to academic achievement and reward the academic work of our Fellows!



Contributors to the Janet Wilhelmi Award

Yaron Hazani, M.D.
Michelle Palazzo, M.D.
Bradon Wilhelmi, M.D.

If you would like to make a donation to either of our endowments, please contact:

Allison Samblanet at 502-852-7817 or allison.gardner@louisville.edu
University of Louisville 132 East Gray Street Louisville, KY 40202



The **Morton and Ann Kasdan Plastic Surgery Endowed Scholarship** continues to reward the fourth-year medical student that best exemplifies Dr. Kasdan's commitment to the field of plastic surgery. This year the recipient of the Outstanding Student Award was **Andrea Hiller, MD**. During her time in school Andrea completed four research projects to publication as well as being a consistent participant and teacher in Dr Kasdan's suture skills lab. She finished near the top of her class, was elected into AOA, and won several medical school honors. She was omnipresent throughout her third and fourth years and consistently demonstrated a tremendous work ethic. She was truly an outstanding student, and we are thrilled to wish her well on her residency. Congratulations Dr. Hiller!

Annual KSPS Meeting Updates

Last year **Dr. Juan Quintero** (one of our alums!) was president for a very exciting KSPS annual meeting. The UofL Plastic Surgery team had a strong showing — **Dr. Kachare** took first place in the research competition with a presentation on **Dr. Kasdan's** suturing workshop and **Dr. Muresan** won third place for his anatomic project to increase the safety of gluteal augmentation with fat grafting. The next KSPS meeting featuring **Dr. Kiya Movassaghi** will be 8/24 from 12-6pm at the Jewish Hospital downtown conference center.

Upcoming Society Meetings

American Society for Surgery of the Hand
September 13-15, 2018
Boston, Massachusetts
www.assh.org

American Society of Plastic Surgery
September 28-October 1, 2018
Chicago, Illinois
www.plasticsurgerythemeeting.com

American Association for Hand Surgery
January 30-February 2, 2019
Palm Desert, California
www.handsurgery.org/meeting



Every practice relies on accurate coding to survive, and ours is no exception! In an effort to keep up-to-date, this spring the division hosted a coding workshop by Karen Zepko Associates. The specialized EM and Procedure coding workshop brought together faculty, residents and ULP coders for an all day workshop.

CODING CLASS

Alumni Updates

What's new with the crew?

With flying colors... We're proud of our Fellow's successes—all of our graduates over the last 10 years have successfully passed the American Board of Plastic Surgery examinations.

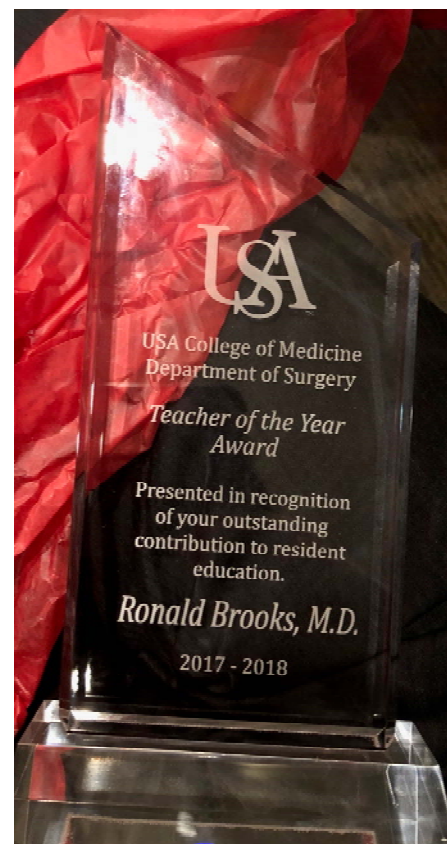
The most recent to become Board certified are **Dr. Josh Choo, Ron Hazani, Emese Kolnike-Kis, and David Yonick.** We also want to congratulate our Steves (**Dr. Gunn and Schulz**) for passing the written examination offered by the American Board of Plastic Surgery. Fantastic accomplishments!



Cardinals represent! Being a Cardinal means finding family wherever you go, and U of L graduates **Katie Huber, MD, Mitch Buller, MD, and Josh Elston, MD** are sharing their legacy with the Plastic Surgery program at USF. We're excited to see them flying so high!

Excellence rewarded!

Ronald Brooks, MD, graduate of the U of L Plastic Surgery program in 2015, won the Teacher of Year award at University of South Alabama. Very well done, **Dr. Brooks!**



2017 PUBLICATIONS

Our division has been hard at work! This is a list of publications from 2017 (most recent first),

Hiller A, Davis J, Schulz S, Henderson J, Wilhelmi BJ. Recipient Vessel Selection in Head and Neck Reconstruction. *Eplasty*. 2017 Dec 22;17:e42. eCollection 2017. PMID 29348784.

Schulz S, Zeiderman MR, Gunn JS, Riccio CA, Chowdhry S, Brooks R, Choo JH, Wilhelmi BJ. Safe Plastic Surgery of the Breast II: Saving Nipple Sensation. *Eplasty*. 2017 Nov 21;17:e33. eCollection 2017. PMID 29213346.

Zeiderman MR, Kelishadi SS, Tutela JP, Chowdhry S, Brooks RM, Wilhelmi BJ. Reduction Mammoplasty: Intraoperative Weight Versus Pathology Weight and Its Implications. *Eplasty* 2017 Oct 12;17:e32. eCollection 2017. PMID 29118895.

Henderson JT, Schultz SA, Swiergosz AM, Hiller AR, Gunn JS, Choo JH, Kasdan ML, Wilhelmi BJ. Preservation of the sterile matrix, hyponychium and finger tip pad in finger tip reconstruction with composite fingertip and nail bed graft and volar V-Y volar flap. *Eplasty*, 2017 Sep 8;17:e28. eCollection 2017. PMID 28943994

Buller M, Lee TJ, Davis J, Wilhelmi BJ. Bolstering skin grafts with a surgical scrub brush: a cost effective solution. *Eplasty*, July 7;17:e21. 2017 .PMID 28702109

Buller M, Schulz S, Kasdan M, Wilhelmi BJ. The incidence of complex regional pain syndrome in simultaneous carpal tunnel syndrome and Dupuytren contracture. *Hand(NY)* July 1:1558944717718345 epub ahead of print. 2017. PMID 28691512

Swiergosz AM, Kasdan M, Wilhelmi BJ. The unexpected hand patient: symptoms of pain and objective malingering. *Eplasty*. May 5;17:e16. eCollection 2017. 2017 PMID 28536645

Buller M, Heiman A, Davis J, Lee TJ, Ajkay N, Wilhelmi BJ. Immediate breast reconstruction of nipple areolar lumpectomy with L flap skin paddle breast reconstruction and symmetry procedure: optimizing the oncologic multispecialty. *Eplasty*, Mar 31;17:e14. 2017 PMID 28416989.

Brooks R, Nyugen J, Chowdhry S, Tutela JP, Kelishadi S, Yonick D, Choo J, Wilhelmi BJ. Champagne Groove lipectomy: a safe technique to contour the upper abdomen in Abdominoplasty. *Eplasty* Mar 6,17:e9, 2017. PMID 28293334

Joshua, C., Bradon, J., & Morton, L. (2017). Iatrogenic injury to the median nerve during palmaris longus harvest: An overview of safe harvesting techniques. *Hand*, 12(1), 9. doi:10.1177/1558944716648313

Top articles in Medscape

In 2017 two of our articles were among the top most read publications on Medscape: “Bolstering skin grafts with a surgical scrub brush: a cost effective solution” by Drs. Buller, Lee, Davis, and Wilhelmi and “Champagne groove lipectomy: a safe technique to contour the upper abdomen in abdominoplasty” by Drs. Brooks, Nguyen, Chowdhry, Tutela, Kelishadi, Yonick, Choo, and Wilhelmi both ranked in the top ten most frequently read articles on Medscape.

Congratulations to all for your excellent contributions!